

In a Land of Opportunity



I CHOOSE 4-H!
Duval County 4-H Program

Yearly Project Book

Just attach project workbook when available



Senior Book 14 - 18



Project _____

Name _____ Age _____

Date of Birth _____ Grade in School _____ Year in 4-H _____

Intermediate (Ages 11-13)

Senior (Ages 14-18)

Address _____

Club _____

Calendar Year _____

This is what I want to learn this year:

This is what my leader agreed to help me learn:

This is how my parent(s)/guardian agreed to help me learn:

Member Signature

Date

Leader Signature

Date

Parent/Guardian Signature

Date

PROJECT PHOTOS

PROJECT HIGHLIGHTS

What you learned.

Problems.

Successes.

To do differently next time.

Use if applicable to your project

PROJECT FINANCIAL SUMMARY

BEGINNING VALUE (Materials, supplies, animals, equipment you had at the start of your project year.)
DATE:

Item	Amount	Value
TOTAL		

ENDING VALUE (Materials, supplies, animals, equipment you had at the end of your project year.)
DATE:

Item	Amount	Value
TOTAL		

1. Cost (project journal)		
2. Beginning Value Total (above)		
3. Total Cost (add lines 1 and 2)		
4. Income/Value (project journal)		
5. ending Value Total (above)		
6. Total Income/Value—add lines 4 and 5		
7. Profit (loss)—subtract line 3 from line 6		
8. Total time spent on project (project journal)	Hrs.	

MY 4-H STORY

4-H books will be submitted annually to the 4-H Office by June 1st to be eligible for clover awards. Books will be evaluated based on:

- 1) neatness
- 2) Completeness
- 3) Followed directions
- 4) **MUST BE HANDWRITTEN**

A. Project Commitment. This is an agreement between you, your project leader, and your parents about what you want to learn and how they will help you. Obtain the required signatures.

B. Project Journal.

1. Complete one of these forms for each project in which you enroll.
2. If you need more space for the project journal, add more pages. For some projects you may wish to use the journal as a weekly summary of what is recorded in your add sheets or on work sheets you have created.
3. Headings for the project journal:
 - Date – This is a log of your actions. Keep it up-to-date.
 - What did you do or make?
 - How much?/How many? -- How much did you buy?How many people did you serve? If this column doesn't apply to what you did, leave it blank.
 - Cost – What was the total cost of the items you purchased? If you used supplies, feed or other materials given you by others, estimate the cost. For many things you do, such as teaching your dog to heel or learning a new dance step, there will be no cost or income.
 - Income/Value – What was the amount you received for items sold, or the estimated value of items you made or raised that were use at home?
 - Time – Estimate the time you spent on this action related to your project. For some activities you may want to summarize weekly or monthly hours spent.
 - Comments and what you learned – briefly say what problems you had, things you learned, and how you feel about what you did or made.

C. Project Photos. These are photos related the project in this section. A one-sentence caption needs to be placed under the photos. Up to three photos.

D. Project Highlights. Look back at your project commitment. Did you learn what you planned to learn? What problems did you have to solve? What were your main successes? What would you do differently if you did it again, knowing what you know now?

E. Financial Summary. This is a summary of your project's financial value, what you spent, and what you earned during the year. It summarizes your project journal. Do an inventory when you start your records each year and when you close your records. The difference between what you own from the start to the close of the project is part of your profit or loss for the year.

III. My 4-H Story

A. Narrative. Write your story for the year in narrative form. Write as though you are actually talking to the reader. Your story should have four parts and be no longer than two sides of one page.

1. Introduce yourself
2. Write about your projects. Do not repeat the project highlights.
3. Share your 4-H club experiences and how you were involved in your community and school
4. Write about how you have changed as a result of your 4-H experience.



Extension programs are open to all regardless of race, color, sex, age, handicap, or national origin. In accordance with the Americans With Disabilities Act, any person needing a special accommodation to participate in any activity should contact the Duval County Cooperative Extension Office at (904)387-8858 a minimum of seven (7) days prior to the event so that proper consideration may be given to the request. Hearing impaired persons may access the foregoing telephone number by contacting the Florida Relay Service at 1(800)955-8770 (voice) or 1(800)955-8771 (TDD).

Adapted from Washington State University By Debbie Nistler, 4-H Agent 08/06