PERMANENT
4-H RECORD
Intermediate & Senior Book

This record is meant to be continuous through the rest of your 4-H experience
Name

Date this record started

Date ending this record

Year	Office/Committee	Where	Duties Performed

Offices and Committee Assignments: List your offices in 4-H such as President, Vice President, etc. and list all the committees you work on each year. Show if it is for your club, or county and what you did.

Project and Exhibit Summary: List your projects by enrollment name. show size by giving the number of garments made, animals raised or cared for, things canned, photos taken, etc. List what you exhibited, and the award you received.

Year	Project Title	Size	Exhibits	Where	Award

Project and Exhibit Summary: (continued)

Year	Project Title	Size	Exhibits	Where	Award

Judging: List the type of judging you did. Show where you did it and the award received.

Year	Kind of Judging	Where	Award

Public Presentations: List all the demonstrations, illustrated talks and public speaking you gave. List the project it is related to,where you gave it and the award received.

Year	Presentation Title	Project	Where	Award

4-H Contests Entered: List all the 4-H contests you entered such as fitting and showing, kitchen activities, equitation classes, fashion revue, herdsmanship, educational displays at fairs, record book contest, talent show, etc.

Year	Contest Entered	Project	Where	Award

4-H Contests Entered: (continued)

Year	Contest Entered	Project	Where	Award

Events Attended: List all the 4-H non-competitive events you attended such as achievement programs, workshops, talent show, camp, teen events, etc. Remember as event has a definite time and place and can be project related or general 4-H events.

Year	Event	Where

Community Service: List all the 4-H community services in which you participated. Be specific, such as rabies clinic, volunteered at nursing home, cleaned county park

Year	Community Service	Responsibility

4-H Promotion: Include all the things in which you participated to promote 4-H, such as posters make, 4-H displays, news stories written, etc. Tell where you did it and the duties you performed or the recognition received.

Year	What you did	Where	Responsibility

Leadership: Record the things you did to help others or teach others about your 4-H projects. Be sure to include the things you did for the leadership project(s), workshops you taught, etc.

Year	What You Did	Where You Did it

Leadership: (continued)

Year	What You Did	Where You Did it

School and Community Responsibilities: List the activities you did at school, church, in sports or community events other than 4-H.

Year	Activity	Where	Duties Performed

Non 4-H Contests Entered: List non 4-H contests entered that relate to your 4-H work such as wool contest, open dog or horse shows, etc. List where you entered and award received.

Year	Contest Entered	Project	Where	Award

Extension programs are open to all regardless of race, color, sex, age, handicap, or national origin. In accordance with the Americans With Disabilities Act, any person needing a special accommodation to participate in any activity should contact the Duval County Cooperative Extension Office at (904)387-8858 a minimum of seven (7) days prior to the event so that proper consideration may be given to the request. Hearing impaired persons may access the foregoing telephone number by contacting the Florida Relay Service at 1(800)955-8770 (voice) or 1(800)955-8771 (TDD).