

## Nectar and Pollen Providing Plants for Honey Bees (*Apis mellifera*)

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### Plants for Named Honey

Common Name	Botanical Name	Bloom Time	Bloom Color	Honey Notes
Aster	<i>Aster spp.</i>	Late Summer to Fall	Varied; White to Purple	
Black Mangrove	<i>Avicennia germinans</i>	June to mid- July	White with yellow center	
Citrus	<i>Citrus spp.</i>	Feb. to April		White to extra light amber honey with a distinctive flavor and the aroma of orange blossoms. Sweet, fruity taste with flowery perfume aftertaste.
Gallberry	<i>Ilex glabra</i>	Spring April	White	
Ogeechee Tupelo	<i>Nyssa ogeche</i>	Spring	White	
Black Gum Tupelo	<i>Nyssa sylvatica v. biflora</i>	April to May	Cream/ White/ Gray	White or extra light amber color; smooth in texture. Complex floral herbal and fruity Flavors. Very sweet. Only honey that never granulates.
Sour Gum Tupelo	<i>Nyssa sylvatica v. sylvatica</i>	April to May	Cream/ White/ Gray	
Scrub Palmetto	<i>Sabal etonia</i>	Late April to mid-July	Creamy White	Light amber to amber in color with a thinner

				body than most honeys. Taste is full-bodied and herbal with woody overtones.
Dwarf Palmetto	<i>Sabal minor</i>	March to April	Creamy White	
Cabbage Palmetto	<i>Sabal palmetto</i>	June - Sept.	Creamy White	
Willows	<i>Salix spp.</i>	Early spring	Greenish, Inconspicuous	
Saw Palmetto	<i>Serenoa repens</i>	Spring	Yellow white	
Goldenrods	<i>Solidago</i>	Summer to Fall	Yellow	Amber honey with a slightly strong, spicy flavor that is not overly sweet.
Clovers	<i>Trifolium spp</i>	April to Sept. (dep. on species)	Pink, White	White dutch clover results in a mild, sweet flowery flavored honey.

### Herbaceous Plants for Wildflower Honey

Spanish Needles	<i>Bidens alba</i>	Late Summer/ Year round	White w/ yellow centers	
Partridge Pea	<i>Chamaecrista/ Cassia fasciculata</i>	July to Sept.	Yellow	
Thistles	<i>Cirsium spp</i>	April to Aug.	Purple	
Tickseed	<i>Coreopsis</i>	Spring, Summer, Fall	Yellow, Orange, Pink	
Dog Fennel	<i>Eupatorium capillifolium</i>	Summer to Fall	White	
Blanketflower	<i>Gaillardia pulchella</i>	Summer, Fall	Yellow, Orange, Red	
Narrow – leaf or Swamp Sunflower	<i>Helianthus angustifolius</i>	Sept. to Oct	Yellow	
St. John's Wort	<i>Hypericum spp.</i>	Summer	Yellow	
Blazing Star	<i>Liatris spicata</i>	July to Sept.	Purple	
Mexican Clovers/ Pusley	<i>Richardia spp</i>	Year-round	White	
Powderpuff	<i>Mimosa stigillosa</i>	Spring to Fall	Pink	
Drummond Phlox	<i>Phlox drummondii</i>	Mid-April to June	Varied; White to Purple	
Creeping Charlie or Matchweed	<i>Phyla nodiflora</i>	Year-round	White	
Black-eyed Susan	<i>Rudbeckia hirta</i>	May to Oct.	Yellow	
Goldenrod	<i>Solidago spp.</i>	Aug. to Nov	Yellow	
Spiderwort	<i>Tradescantia ohiensis;</i>	May	Bluish Purple, Pink	

	<i>Tradescantia roseolens</i>			
Giant Ironweed	<i>Vernonia gigantea</i>	June to Aug.	Purple	

## Woody Plants for Wildflower Honey

Red Maple	<i>Acer rubrum</i>	Jan. to Feb.	Red	
Redbud	<i>Cercis canadensis</i>	Mid - Jan. to mid - March	Pinkish purple	
Flowering Dogwood	<i>Cornus florida</i>	Spring	White	
Hollies	<i>Ilex spp.</i>	March to May		
Gopher Apple	<i>Licania michauxii</i>	Early May to June	Green	
Fetterbush	<i>Lionia lucida</i>	Feb. and April	Pink	
Shining Sumac	<i>Rhus copallina</i>	August	Yellow	
Blackberry	<i>Rubus flagellaris</i>	Mid- Feb. to March	White	
Carolina Willow	<i>Salix caroliniana</i>	Feb. to March	Yellow	
Viburnum	<i>Viburnum spp.</i>	Feb. to May	Creamy white	

## Non- Native Invasive Plants for Honey

Chinese Tallow Tree	<i>Sapium sebiferum</i>	Late May to mid - July	Greenish-yellow	
Brazilian Pepper	<i>Schinus terebinthifolius</i>	Early Sept. to mid- Nov	White	

## References:

Ellis, James D. and Zettel Nalen, C.M.; Florida Beekeeping Management Calendar:  
<http://edis.ifas.ufl.edu/in848>

Sanford, Malcolm T.; Beekeeping: Florida Bee Botany:  
<http://entnemdept.ufl.edu/honeybee/extension/Beekeeping%20-%20Florida%20Bee%20Botany.pdf>

National Honey Board: Honey Varietal Guide PowerPoint.

Zerba, Raymond; Flowers Which Sustain our Bees, PowerPoint.

