The Duval County 4-H Program is part of the Cooperative Extension Service of the University of Florida Institute of Food & Agricultural Sciences.

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Upon request for persons with print-related disabilities, this publication is available in alternate formats.

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COOPERATIVE EXTENSION WORK IN AGRICULTURE AND HOME ECONOMICS, STATE OF FLORIDA, IFAS, UNIVERSITY OF FLORIDA, U.S. DEPARTMENT OF AGRICULTURE, AND BOARDS OF COUNTY COMMISSIONERS COOPERATING.  2005-2006
Welcome to the world of 4-H! We hope this guide will help you to become more aware of our programs and how they can enrich the educational experiences of your students. Further, the programs in this booklet have been aligned with the Sunshine State Standards for ease of use in your classroom.

This guide is divided into several sections:

- Page 4: The Experiential Process/Learning Model.
- Page 5: Sunshine State Standards.
- Page 6-11: A more detailed description of each program offered.
- Page 12-15: More Information about 4-H.
- Page 16-17: Registration/Enrollment/Report Form.

To participate in a 4-H School Program just complete the Registration/Report Form and return it to the Duval County Extension Office. If more than one teacher is registering for the same program, we suggest you select someone to serve as the coordinator/liaison with our office. This will make it easier for you and easier for us. You can register for more than one program on the same form. You might also consider the added option of enrolling your classroom as a 4-H Classroom Club and take advantage of all the opportunities available to your students through 4-H. All Classroom Clubs will automatically receive information and our monthly newsletter, *The Clover Patch*.

The registration form also serves as your report form, so be sure to complete the Teacher/Leader and Student information sections. It is our goal to make it as easy and simple as possible for you to participate. We do, however, want to stress the importance of providing us with the information in these two sections. We need to provide reports to the University of Florida Cooperative Extension Service, USDA, and the Jacksonville City Council. Also, because you are using 4-H (University) curriculum and participating in University sponsored programs, you are considered a 4-H volunteer and are covered under University liability insurance and workman’s compensation insurance. You need to complete the back of the Registration Form for this purpose.

If you would like to schedule a teacher workshop (in-service) at your school on any of these programs, indicate this on the registration form. Unless otherwise stated, we do not charge a fee for the programs we offer.
SUMMARY OF 2006 PROGRAMS OFFERED
(Through May 2006)

<table>
<thead>
<tr>
<th>PROGRAM TITLE</th>
<th>GRADE LEVEL</th>
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<th>GRADE LEVEL</th>
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<tr>
<td>Embryology</td>
<td>K-8</td>
<td>Field Trips</td>
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<td>Public Speaking (Tropicana)</td>
<td>4-6</td>
<td>Creating a Habitat for Wildlife</td>
<td>3-8</td>
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<td>Special Interest Groups</td>
<td>3-8</td>
<td>High School Financial Planning Program</td>
<td>9-12</td>
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<tr>
<td>Gardening</td>
<td>3-8</td>
<td>Specialty Classes</td>
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The Experiential Learning Model.....Steps and Techniques

The 4-H Program has a long history of providing for a cooperative teaching-learning process between adults and youth. Projects in the 4-H curriculum strive to involve youth in experiences that require them to interact, analyze, question, reflect and transfer what they have learned to personal application. The activity comes first, the learning comes from the discovery of new knowledge and skills as a result of the experience. This is the 4-H “learn by doing” process. However, to end with the experience without building upon it through REFLECTING and APPLYING does not help the young person understand the significance of what he/she saw, heard, or did. It is the transfer of this significance from one experience to another that helps young people apply their learning in future situations.

DO Programs include activities to DO involving youth in a common EXPERIENCE.

REFLECT Activities end with time for the youth to REFLECT (share and process) what they have learned from the experience.

APPLY Help youth to APPLY their new knowledge and skill in real life situations. This is done by helping them to identify key principles that are important for future decisions or personal action.

↑ EXPERIENCE ↓

APPLY SHARE

↑ GENERALIZE ← PROCESS
SUNSHINE STATE STANDARDS

MANY GOAL 3 STANDARDS FOR STUDENT PERFORMANCE CAN BE MET WITH 4-H PROGRAMS. BELOW IS A LISTING OF SUNSHINE STATE STANDARDS THAT CAN BE MET WITH SOME OF THE 4-H PROGRAMS OFFERED THIS YEAR.

<table>
<thead>
<tr>
<th>PROGRAM TITLE</th>
<th>GRADE LEVEL</th>
<th>SUNSHINE STATE STANDARDS (OTHERS ARE POSSIBLE)</th>
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<tr>
<td>Embryology</td>
<td>1-8</td>
<td>K-2: SC.F.1.1, SC.F.2.1</td>
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<td>3-5: SC.F.1.2, SC.F.2.2</td>
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<tr>
<td>Vegetable and Butterfly Gardening</td>
<td>3-8</td>
<td>3-5: SC.G.1.2</td>
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<td>6-8: SC.F.1.3, SC.F.2.3, SC.G.1.3</td>
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<tr>
<td>Public Speaking</td>
<td>4-6</td>
<td>3-5: LA.A.2.2, LA.B.2.2, LA.C.3.2</td>
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<td>6-8: LA.C.3.3, LA.D.2.3</td>
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<tr>
<td>Field Trips</td>
<td>Varies</td>
<td>3-5: SC.G.1.2, SC.G.2</td>
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<td>6-8: SC.F.1.3, SC.F.2.3, SC.G.1.3</td>
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<td>Will vary by trip and topic.</td>
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<tr>
<td>Special Interest Groups</td>
<td>3-8</td>
<td>Will vary by topic</td>
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<tr>
<td>Specialty Classes</td>
<td>2-12</td>
<td>Will vary by topic</td>
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<tr>
<td>High School Financial Planning Program</td>
<td>9-12</td>
<td>9-12: SS.D.1.4, SS.D.2.4</td>
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<td>Check It Out</td>
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<td>L.A.A.1.4</td>
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<tr>
<td>Give Me Credit</td>
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<td>MA.E.1.4, MA.B.3.4</td>
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<td>Family and Consumer Sciences-</td>
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<td>Personal and Family Finance</td>
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</table>
Description: Turn your classroom into a 4-H Classroom Club. Utilize 4-H activities, awards and curriculum to motivate your students to learn throughout the year. Use 4-H record books to reinforce classroom teaching or as extra credits or special projects. Give your students the opportunity to participate in other 4-H activities that are available to them. Your students can develop citizenship and leadership skills and be part of the largest youth organization in the world. During summer months, they can participate in camps and other 4-H programs. See the 4-H information section of this guide for a description of 4-H programs and activities.

Enroll your classroom as a 4-H Classroom Club on the Registration/Report Form, and all of your students will be eligible to participate in 4-H activities, including fairs, throughout the year. They will also receive a copy of the 4-H monthly newsletter.

Role of Extension Agent
- Meet with classroom teacher, upon request, to provide information and answer questions.
- Provide project guides and record books.
- Provide copies of the monthly newsletter, for each student.
- Enable your group and students to participate in county 4-H activities and fairs.

Role of Teacher
- Act as club leader
- Turn in all paperwork as needed

VEGETABLE/BUTTERFLY GARDENS - MARCH-MAY  Targeted Age: Grades 3-8

Description: Assistance with planting a class garden in the ground or in containers is provided. An area with 6 hours of sunshine and a water source is necessary. Each student will receive a 4-H Gardening Guide. A 45 minute class presentation will introduce the students to gardening. Assistance in the garden itself will be arranged with Extension Master Gardeners on a weekly basis. **REGISTRATION DEADLINE IS JANUARY 14**. We can only assist with ten (10) gardens, so enroll early.

Role of Extension:
- Provide educational materials, 4-H Gardening Guides, seeds, and fertilizer

Role of Teachers:
- Provide 45 minutes of classroom time for a lesson on gardening
- Allow daily and weekly time for small groups of youth to work/learn in the garden.
Description: Students learn how life develops by observing the eggs in their incubator. Students are responsible for daily care of the incubator. They observe and record scientific information as they follow the development of the embryo. This project lasts about one month, with students caring for the chicks for a brief period after hatching. Appropriate dispersal of the chicks will be determined by the teacher and extension agent. A mandatory 45 minute workshop will be done at the participating school for the teachers involved in this project. This project will only be done once a year in a school, and on a first come basis while supplies last. If multiple classes within a school wish to incubate eggs, teachers will need to coordinate their schedules.

Role of Agent
- Provide incubator, brooder, chick care supplies
- Conduct two in-class programs
- Provide instructional materials

Role of Teacher
- Provide space for incubator
- Care for incubating eggs
- Assist Agent in dispersing chicks
- Return incubator and brooder in clean condition

4-H/TROPICANA PUBLIC SPEAKING PROGRAM  Targeted Age Group: Grades 4-6

Description: The program is one week long culminating with a classroom contest. The students brainstorm, create and present short speeches of their own. Each classroom winner presents the same speech in a school contest. School winners advance to the county contest in March or April. Two county contests will be held, for grades 4-5 and grade 6. Registration deadline is February 1, 2006.

Materials provided include an instructional brochure for each student and a lesson plan for teachers, Certificate of Participation for all students, ribbons and medallions for top three school winners and plaques for top 3 county winners. County-wide winners also receive a full scholarship to 4-H summer camp at Camp Cherry Lake.

Role of Extension Agent
- Provide an optional teacher workshop upon request.
- Provide instructional materials.
- Conduct county contests.

Role of Teacher/School
- Register by completing the Registration/Report Form.
- Schedule teacher and/or student workshop if desired.
- Teach public speaking using the materials provided.
- If conducting a school contest, return the contest report form following the contest.
TALKING WITH TJ

**Target Age Group**

**Grades K-2**

**Description:** A program which teaches children the benefits of teamwork. It is interactive, with a video and comics for the students. This is an ideal curriculum for school counselors. A mandatory 45 minute workshop/orientation will be done at the participating school for the teachers involved in this project. This workshop will be done prior to the beginning of the project. (If you wish to view the teacher’s guide before you begin, stop by the 4-H Office.)

**Role of Extension Agent:**
- Provide teacher packets, including video, educational comics, and posters.
- Conduct teacher workshop/orientation.

**Role of Teacher:**
- Turn in appropriate registration forms
- Attend mandatory workshop
- Teach teamwork using materials provided

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HIGH SCHOOL FINANCIAL PLANNING PROGRAM

**Targeted Age Groups: Grades 9-12**

**Description:** This program alerts, informs, and educates high school students about sound money management skills. The program can be completed in 12 classroom hours or expanded to cover a longer time period. The program is current with today’s technology, including additional resources via NEFE’s website. The HSFPP covers
- The financial planning process
- Careers
- Budgets
- Saving and investing
- Credit
- Insurance

It can be integrated into a variety of classes such as economics, mathematics, business, consumer and family studies, and vocational education.

**Provided:** An 88-page student booklet is provided free of charge from the National Endowment for Financial Education for each student. The extensive teacher manual includes lesson plans, overhead transparency masters, learn-by-doing activities, and evaluation tools.

**Role of Extension Educator:** The Duval County Extension Service
- Orders materials
- Provides annual teacher orientation workshop
- Provides a guest speaker for the opening classroom session
- Consults on content, as requested

**Role of Teacher:**
- Register by completing the Registration Form and include FAX number. The Materials Order Form will be FAXed for you to complete and return. Allow at least 5 weeks to arrange for materials to be delivered and guest speaker to be scheduled.
- Teach at least 12 hours of personal financial management using the materials provided.
FIELD TRIPS

Targeted Age Group: Varies

The 4-H/Extension program offers a variety of field trips. Each field trip will be assigned a coordinator who will contact the requesting teacher to tailor the trip to fit the needs of the teacher. We only have enough personnel for a limited number of trips. Please give at least six weeks lead time for any field trip request.

Role of Extension Agent
- Set up and conduct the field trip in accordance with student interests and classroom objectives.
- The Agent/coordinator will contact the teacher requesting a field trip once a request has been received.

Role of Teacher/School
- Provide transportation.
- Register for the field trip on the Registration/Report form. An exact date will be worked out between the teacher and Extension personnel.
- Provide supervision of students during the field trip.

Horticulture Trips
Grade 3-8
Take your students on a field trip guided by the Duval County Urban Garden Coordinator. Tour our gardens and participate in a hands on learning activity. Field trips will be available in November and May.

Farm Trips
Grade 3-8
Take a field trip to a farm to learn about the animals, their care, and why they are important to our society.

Canning Center Field Trip
Grade 2-12
Learn about proper food storage and good canning techniques. Students will tour the canning center located at 2525 Commonwealth Ave. Grades 2-5 will receive a tour. Grades 6-12 will be able to can. These tour are conducted year round. There is a small fee for this tour. For further information or to book your tour, you may call the Canning Center at 387-8860.
CAREER DAY GUEST SPEAKERS/SCIENCE FAIR JUDGES

Targeted Age Group: Grades 1-12

Description: Provide a guest speaker or person who will represent the Agricultural Center at Career Days or assist schools with judging science fair projects. A limited number of specialty classes are also offered. Please notify the office AT LEAST one month in advance so that an Extension Agent or other volunteer can be scheduled.

Role of Extension Agent:
Assign an agent or volunteer to the event requested

Role of School:
Coordinate with assigned agent or volunteer as to time, location, and duration of event.

SPECIALTY CLASSES

These classes are special, one time short term workshops on a specific topic. An agent or skilled volunteer will come out to the school and teach the class.

CHECK IT OUT, THE BUDGET BOX
GIVE ME CREDIT! Targeted Age: Grades 9-12

Description: The Extension Educator-Personal Financial Management is a guest speaker on the topics of managing checking accounts and the wise use of credit. The Budget Box is an activity with budget categories for three monthly income levels based on educational background. Youth work in groups with budget category cards and "funny money" to develop budgets to fit these income levels. Each workshop requires one to two hours of instructional time.

Role of Teacher: Request program at least one month in advance of preferred date and provide an overhead projector.
SPECIALITY CLASSES CONTINUED

STARTING A HORTICULTURAL BUSINESS  
**Targeted Age:** Grade 7-12

**Description:** Student can learn how horticulture science is applied to one of the fastest growing business opportunities in Florida. Landscape Maintenance Business and Nurseries are always on the lookout for skilled help and here is a way to grow skills needed to begin a profession in Horticulture.

**Mowing for Money** - Here is a program to get youth started in the right direction with a lawn care or landscaping business. Each person will learn basic lawn mower care, how to properly cut and maintain a Florida lawn, and how to run a profitable business. Florida law requires a person to be at least 14 years of age before they can mow for hire, so class will be restricted to students age 14 and up.

**Plants for Profit** - This program teaches students how to propagate plants. These skills can be used to grow plants for fundraisers, science fair projects, and growing their own flowers and shrubs. Students will learn to start growing plants from seeds, cutting and the modern way, tissue culture. This class is for grades 7 and up.

**Role of Teacher:** Request program at least one month in advance of preferred date.

THE SCIENCE OF YEAST: HANDS ON BREAD MAKING  
**Targeted Age:** Grade 2-6

**Description:** Participants learn the science of yeast through hands on bread making. Each child will make, from scratch, a loaf of bread to be baked at home! Each workshop requires two hours of class time. *Workshops limited to the first ten requests.*

**Role of Teacher:**
- Provide clean desk/table top space for bread making.
- Provide class discipline and additional volunteers, based on class size, to assist with the making of the bread.
- Classroom must have access to warm water.
- Understand project may be dusty/messy.
4-H...

4-H involves young people everywhere - in the city and on the farm. 4-H members belong to one of the largest organizations in the world with more than 5 million people in the U.S. and about 84,000 members in Florida.

4-H is part of the nationwide informal educational system of the Cooperative Extension System, a partnership between Extension, U.S. Department of Agriculture and the State Land Grant Universities. In Florida, the Cooperative Extension Service is a part of the Institute of Food and Agricultural Sciences at the University of Florida, cooperating locally with the Boards of County Commissioners.

**MEMBERSHIP GUIDELINES**

1. Membership ages: age 5, or grade K, through grade 12, as of September 1.
2. Youth may enroll as a club member or school member.
3. Grades K - 2 may enroll only in Discovering 4-H, or their 4-H in the Classroom project.
4. Membership is open to all youth regardless of race, creed, color, sex, national origin, handicap, or geographic location within Duval County.
5. There is no fee to be a 4-H member.
6. There are no ownership requirements (such as a horse, steer, sewing machine, etc.) to belong to a club or enroll in a 4-H project.
7. To enroll in a 4-H club, youth complete an annual enrollment form. Enrollment may be done at any time during the year.
8. Must be 8 years of age as of September 1 to enroll in large animal projects.

**MEMBERSHIP CATEGORIES**

CLUB MEMBERS:  Youth ages 5-18 enrolled in a community, project or school club.

SCHOOL MEMBERS: Youth participating in a school 4-H project or classroom special interest group.

**TYPES OF 4-H CLUBS**

4-H Community Clubs: Members meet as a group on a regular schedule under the guidance of adult volunteers. The members plan their own programs, elect officers, take part in community service activities, and engage in a variety of 4-H project work.

4-H Project Clubs: Similar in operation to the Community 4-H Clubs, except that members are all enrolled in the same project or a limited range of related projects.

4-H Classroom Projects: These are Extension coordinated learning activities planned in cooperation with public and private schools. These programs supplement the on-going school curriculum.

4-H Classroom Clubs: All members are students who work on projects under the guidance of the classroom teacher or his/her designate.
WHAT DO 4-H MEMBERS DO?

Take Part in 4-H Events & Activities: The activities available to all categories of 4-H members include summer camps, camp counseling, youth fairs, livestock shows, contests, judging team competitive events, public speaking, project workshops and classes, and many more. There are also district, state and national events and activities.

Attend Meetings: Club members attend the regularly scheduled meetings of their 4-H group or club. They meet and have fun with other 4-Hers as they plan and carry out the activities they want to do.

Learn Leadership Skills: Youth may be elected to serve as an officer of their club. Other leadership opportunities available to all categories of members include serving on committees, serving as committee or activity chairpersons, being a county 4-H officer, camp counseling, attending State Leadership Conference, State 4-H Legislature, or National Citizenship Focus in Wash. D.C., and more.

4-H PROJECTS

Club Members enroll in projects of their choice. Classroom Clubs may also enroll in any of the below projects.

For each project members enroll in they receive an Annual 4-H Project Record and a project book. These are educational materials developed through the University of Florida and other land grant universities across the U.S. Most project books are provided at no charge. Records are used as a way for them to record what they have learned and accomplished. 4-H projects available include:

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<th>INDIVIDUAL/FAMILY RESOURCES</th>
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<td>Foods &amp; Nutrition</td>
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<td>Child Development</td>
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<td>Embryology</td>
<td>Marine Science</td>
<td>Clothing Construction or Selection</td>
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SHARING MY WORLD

Citizenship                  Hobbies & Leisure
Leadership                  Mowing For Money
Public Speaking              Photography
                               Theatre Arts
4-H SYMBOLS AND TRADITIONS

4-H MOTTO: "To Make the Best Better"

The motto expresses the continuing goal of excellence – to take the best one has received, to enhance it, to give it back to life better than before.

4-H Slogan: "Learn By Doing"

The 4-H slogan expresses the fundamental philosophy of 4-H club work.....experiential learning or learning through hands on experiences. The focus of many of our 4-H projects (clothing, aerospace, computers, livestock, etc.) is teaching youth skills and knowledge through making, building, growing, raising or other experiential activities.

4-H Colors: Green and White.

Green symbolizes life, growth and creativity. White symbolizes purity and wholeness.

The 4-H Emblem:

4-H symbols express the spirit of 4-H. The emblem is the visual demonstration of that spirit. The emblem is the four leaf clover of green, with a white H on each leaf. The leaves of the clover represent the whole self: head, heart, hands and health.

The symbol is a copyrighted emblem that can legally be used only with permission of the Cooperative Extension Service. This permission is given through the Duval County Extension Office.

The 4-H emblem came into being in 1911, when the four leaf clover design was adopted both as a label and a badge. Mr. O.H. Benson, USDA Agent in the Farmer's Cooperative Demonstration Work in Washington was responsible for the development of the 4-H emblem.

The special meaning of the 4-H emblem is: **HEAD** - think, plan, reason; **HEART** - be kind, true, sympathetic; **HANDS** - to be useful, helpful, skillful; **HEALTH** - to enjoy life, efficiency in work and play.

The 4-H club name and emblem are public property held in trust by the Secretary of Agriculture and may be used by employees of the United States Department of Agriculture, the Land-Grant Colleges and the Cooperative Extension Service, for serving the educational needs and interests of boys and girls enrolled. It may be used only by clubs or groups approved by the Extension Service.
4-H EVENTS AND ACTIVITIES

In addition to 4-H projects, 4-H club activities, and school programs, there are other ways youth participate in 4-H. There are county, state, national and even international 4-H programs available.

JUDGING TEAMS - all ages
Members study a specific commodity or resource and use this information to evaluate, identify, and/or rank examples of the commodity. It sometimes requires the member to explain orally reasons for placing the classes in a given order. Judging programs teach public speaking, decision making and the specific subject matter of the commodity or resource being judged. Subject matter teams include: horse, dairy, poultry, rabbits, livestock, land, horticulture, forestry, meats, goats, marine and consumer choices.

4-H SUMMER CAMP
Every summer 4-H camps are conducted across the state in different subject matter areas, often including marine, horse, horticulture and others. Duval County also offers a resident one week summer camp for youth in grades 3-8. High school age members serve as teen counselors for this camp.

DISTRICT EVENTS - all ages
Winners in the junior and senior divisions of the County Events & Public Speaking Contest participate in District Events. Senior winners at District Events advance to State 4-H Congress.

FLORIDA 4-H CONGRESS - STATE LEADERSHIP CONFERENCE
A one week program held each summer at the University of Florida, it includes a choice of leadership and advanced project workshops for 4-Hers ages 14-18. Senior winners from District Events also present their demonstrations and speeches and the State Council conducts its annual meetings. All 4-Hers stay in the University dormitories, eat at the student cafeteria, and experience campus life.

FLORIDA 4-H LEGISLATURE - ages 15-18
This four day learning experience teaches youth how state government operates. 4-H members stay in dormitories at the FSU campus in Tallahassee and spend most of their time in the Florida State House of Representatives Chambers, role playing Florida lawmakers or lobbyists. Youth work closely with current Florida lawmakers and government officials in a mock legislative session.

CITIZENSHIP: WASHINGTON FOCUS - ages 15-18
This eight day program includes other 4-H teens from Florida. Participants tour our nation's capital, meet with Florida congressmen, and examine the workings of our democratic form of government, and stay at the National 4-H Center in Chevy Chase, MD., where they become involved in leadership seminars, tours, workshops, and social activities with teens from all over the United States.

4-H CLOVERPATCH
The 4-H newsletter is sent monthly to 4-H families with information on coming events, 4-H activities, project information, and more. Students who are members of a Classroom Special Interest Group will automatically receive this newsletter.
LIST THE TEACHER'S NAME, PROGRAM TITLE AND STUDENT INFORMATION FOR EACH PROGRAM YOU ARE REGISTERING FOR: Give total number of students participating for each classroom/teacher. Indicate if you wish a teacher workshop with an X. Make additional copies as needed. Would you like an in school presentation on all of the programs 4-H offers? ______ yes ______ no

* Programs are available until we have run out of support materials. For demographics, list total number of student in each.

<table>
<thead>
<tr>
<th>Teacher</th>
<th>Name of program</th>
<th>Grade Level</th>
<th>Request workshop</th>
<th>White</th>
<th>Black</th>
<th>Mixed</th>
<th>American Indian/Alaskan</th>
<th>Hispanic</th>
<th>Asian Pacific Islander</th>
<th>Male</th>
<th>Female</th>
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Please send me _____ 4-H member individual enrollment forms

PLEASE COMPLETE BOTH SIDES
TEACHER/LEADER INFORMATION

Please Note: Teachers who utilize 4-H curriculum are considered 4-H volunteers. As such you are covered under University of Florida liability and workman’s compensation insurance. To insure your coverage, please complete this page.

Teacher’s info:

<table>
<thead>
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<th>Teacher’s Name/Email address</th>
<th>Curriculum Taught</th>
<th>Sex</th>
<th>Race</th>
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THANK YOU!!